## Kitah Lev (2 year old class)

## **Sample Daily Schedule**

7 am – 8:15 am Arrival and Free Choice time inside Kitah Lev for early arrivals

8:15 am – 9:30 am Outdoor time, including teacher facilitated games, art, gardening, free play, and

welcoming families with 9 AM start time

9:30 am Toileting and handwashing, transition inside

9:45 am Large group time including music/movement

10:00/10:15 AM Morning Snack (family provided)

10:30 am – 11:30 am Small group activities & free play with all centers open

11:30 am Clean up, Toileting and handwashing, Transition to Outdoor play until lunch

12:15 pm Lunch

12:45 pm Toileting and transition to story/settling on cots to prepare for rest

1:15 pm Rest Time begins

2:30-3:00 pm Rising from nap, Toileting and quiet table activities as all children wake

3:00 pm Outdoor play until 3:30 scheduled friends say goodbye

3:30 pm Afternoon snack (TLCC provided) and Read aloud story

4:00 pm Outdoor time with daily afternoon focus activity

5:00 pm Toileting and handwashing, transition inside

5:00- 6:00 pm Free choice activities and centers open inside late afternoon classroom

\*Note: On Fridays, Kitah Lev celebrate Shabbat at 9:30 am, with snack and challah following at 10 am.

